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11-30-2021

## **Cordes Chair Seminar: Teaching Authentically in an Age of Reality Superstars**

Casandra Cox

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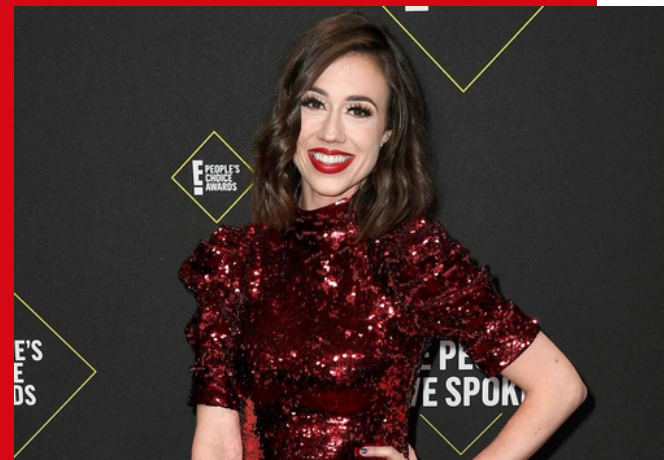
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# **Teaching Authentically in an Age of Reality Superstars**

**November Cordes Chair Seminar**

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**Presented by Casandra Cox**



# Reality Superstars

**What is the appeal?**



## Concerns about the future of people's well being

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***“We have already seen some negative effects, including more isolation, less ability to focus, more ability to be deceived by bad actors (fake news) and so on. I do not see those lessening. Sadly.”***

Rich Salz, principal engineer at Akamai Technologies

***“The long-term effects of children growing up with screen time are not well understood but early signs are not encouraging: poor attention spans, anxiety, depression and lack of in-person social connections are some of the correlations already seen, as well as the small number of teens who become addicts and non-functioning adults.”***

Leora Lawton, lecturer in demography and sociology and executive director of the Berkeley Population Center at the University of California, Berkeley

***“We currently live in a culture that fosters attention-deficit disorder because of hyperconnectivity. I have been teaching at the college level since 1993, and I can see a definitive decline in students’ ability to focus on details and in general. Additionally, I believe that the research on the relationship between hyperconnectivity and this has merit.”***

Nikki Graves, an associate professor at Emory University’s Goizueta Business School

## **Goals for today**

- Authentic leadership in the classroom
- Share ideas and personal stories
- Brainstorm ideas for addressing future challenges





# My background

- At the UA since 2003
- Teach classes, advised students, chaired MS and honors committees, research & "other duties as assigned"

*Passionate about helping students transition into the next phase of life.*



**Authentic leadership  
is a complex process**

# Perspectives



**Intrapersonal** | what goes on within a the leader  
**self-knowledge self-regulation self-concept**

Authentic leader descriptors:

- Genuine
- Lead from conviction
- Are original



**Interpersonal** | relational perspective

- Interactions between leaders & followers
- Reciprocity



**Developmental** | pattern of leader behavior;  
**not a fixed trait**

- Leader's positive psychological qualities
- Strong ethics
- 4 distinct, but related components:
  - self-awareness
  - internalized moral perspective
  - balancing processing
  - relational transparency



**Think about this!**



## **Intrapersonal**

What do you know about yourself that impacts how you teach?

## **Interpersonal**

How have you adjusted your teaching practices based on interactions with your students?

## **Developmental**

How has your teaching developed over time based on your experiences?



**"Authentic leaders  
understand their  
values and behave  
toward others based  
on these values"**

(Northouse, 2019)

# Core Values

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**1**

**Take time and reflect on your core values.**

**2**

**Document your top 3-5 core values.**

**3**

**Make a few notes about how your core values are shown to others through your classroom behaviors.**

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# QUESTIONS & DISCUSSION

